



Key benefits:

- Virtual access from anywhere in the world
- Unlimited access at no additional cost
- ✓ Non-urgent care and support anytime, 24/7
- ✓ Access to digital content on multiple health and wellbeing topics
- ✓ Tailor-made website and new app for a seamless digital experience

What's included?

The AIG Virtual Care program, powered by Teladoc Health, provides access to a suite of digital health and wellness services designed to support eligible clients wherever they are.



Medical Consultation

Access to a doctor from anywhere for non-urgent health-related questions.



Expert Nutritionist Access

Nutrition guidance by a team of specialists.



Medical Second Opinion

Access to world-renowned specialists for second opinion on diagnosis, treatment options, and need for surgery.



Wellbeing Exercises

Easy-to-follow routines to enhance your physical health.



Medical Second Opinion Concierge Support

Expert guidance to find top treatment facilities.



Get Fit Program

Personalised fitness plan combining diet and a workout routine.



Mental Health Coaching

Access to safe, secure, and confidential mental health coaching.



Mental Health & Wellbeing Digital Content

A library of resources for a healthier mind and body.

Want to know more?

VISIT PORTAL

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